



pinnsnhips.org

presents

# We Outside

NOT YOUR AVERAGE  
SELF-CARE DAY

Self-care is the best care.

So why does it seem so hard to put ourselves first?

We will show you new ways to practice self care in your life. You will be able to try different techniques and meet people who specialize in many different ways to take care of yourself.

Everything is affordable or free!

Join us for this special  
**FREE EVENT**

SCAN TO  
RESERVE  
YOUR SPOT



FREE CHILD CARE | MENTAL HEALTH CLINIC  
FOOD | MUSIC | WELLNESS PROFESSIONALS | AND MORE!

*Where*



455 OAK ST, BROCKTON, MA 02301

*When*

SATURDAY,  
SEPTEMBER

**23RD**

*Time*

**11AM**

*to*

**4PM**

*More to follow!*